

Laser Hair Removal

Pre- and Post-treatment Patient Instructions

Prior to Treatment

- Do not pluck, wax, use a depilatory or undergo electrolysis in the areas you wish to have treated for 6 weeks prior to laser hair removal.
- Do not tan the areas to be treated for 4 weeks prior to treatment.
- Avoid using self-tanning products for 2 weeks prior to treatment.

After Treatment

- Some redness and swelling in the area is normal after treatment and may feel similar to a sunburn. This should resolve within several hours to several days after treatment.
- Gently clean area twice daily.
- Avoid irritants (glycolics, retinoids etc.) for seven days after treatment.
- Apply sunscreen for 6 weeks over the treated area.